

# Backing up Data

Section: 3.4

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# The Importance of Backing up Data

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Backups are one of the essentials when it comes to digital security.

Everyone should back up their data and personal information.

This is necessary because it allows you to have some semblance of control over your data in an otherwise uncontrollable world of digital security.

By placing your data in a few places, you're reducing your risk of data loss.

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# Tips for Backing up your Data

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If you're going to backup files and photos, you need to be organized since it can be very easy for the sheer magnitude of data to overwhelm you.

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When starting up a backup, a fun way to think about it is the 1-2-3 method.

- Have three copies of the files you want to back up
- Two copies should be saved at a location that is easily accessible to you
- One copy should be saved at an offsite location, which nowadays would be a cloud service or platform.

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# Tips for Backing up your Data

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Three copies may seem excessive at first, but always remember that technology is unpredictable and can fail you.

Digital security is mainly about being aware of the threats around you, but it is also about you being prepared for the worst-case scenario whenever you can.

In the **next** section we teach you how to secure your back-up files.