

Safe Video Conferencing

Section: 2.6

Most conventional video conferencing apps are not end-to-end encrypted. This means that the information being exchanged between two users is not secure on both ends and that it is insecure in transit.

Jitsi Meet

Jitsi Meet is one of the few open-source and end-to-end encrypted video conferencing tools out there. It allows users to have secure communication and can allow multiple people into one chat room at the same time.

Download Jitsi Meet here: [Android](#) or [iOS](#).



However, it is understandable that people do not usually want to use a new software or app. The best thing to do in the case of unwillingness to shift to other tools, you should explore the security options available to you in conventional/ mainstream video conferencing apps. These security options are often overlooked and underused.

Zoom Video Communications

In Zoom, there are quite a few security options available to us. Zoom allows for the host of the call to have a lot of control over the others in the call, and also over the other participants, especially in the case of webinars and larger online conferences.

The list of Zoom's security features include:

- Encryption of calls (on paid accounts)
- Allowing only those individuals with an account linked to an email address to join the call
- Locking a meeting
- Disabling screen records
- Audio signature software that allows for hosts and organizations to learn if someone is recording a session that they shouldn't be.

zoom.us



In the next week we will explore
securing devices.